

YOUR EASY CLEANUP GUIDE

#1

General Info:

- **Register your cleanup** event at river-cleanup.org. > World Cleanup Day page
- **Participant registration** happens through the website
- **We provide materials:** (for a minimum of 10 participants joining you - see #3)
 - reusable gloves
 - t-shirt
- **Share** your cleanup **pictures or videos** with us at community@river-cleanup.org

#2

Typical timing:

1. **Set-up event:** 1-2h
2. **Arrival & materials:** 30min-1h
3. **Cleanup:** 1.5-2h
4. **Sorting & weighing:** 30min-1h
5. **Celebrate:** 1-2h

#3

Preparation:

- Cleanup **Route:** Choose a **2-5 km loop** (start/end at the same point). Mark it on Google maps or screenshot.
- **Request materials** at least **3 weeks** in advance + after registering your event online, via the form on the website: [How to organize a cleanup](#).
- **Safety briefing:** See attachment (on the bottom of the document). Always rely on your common sense!

#4

Trash Management:

- Sort into: **plastic, residual waste, glass, metal +** any other types based on your country
- **Weigh trash:** Use a scale (2 people: 1 weighs, 1 notes the kgs). Weigh plastic, residual waste and glass **separately and make the grand total of kgs recovered**.
- **Waste pickup:** contact local city services beforehand to assist you with removal of waste.

#5

Participant Arrival:

- **Welcome and registration** participants.
- **Participant list:** Download via "My account" (top right) on the website and choose your event. Bring it to your event.
 - **Registered?** Check them off.
 - **Not registered?** Write down name + email.
- Then send them to the **material distribution** point on your event.

#6

Material Distribution:

- **Gloves:** white = large, yellow = medium, pink/purple = small-kids. Please, **reuse them** for another cleanup. They are washable at 30°C or by hand.
- **Bags:** Use your local bags from your city or any other available alternatives (buckets etc)
- **Sort trash while cleaning up** (1 bag = 1 type of waste: plastic, residual, etc)

#7

Cleanup execution:

- Choose from **2 formats**
 - **Guided cleanup:** guide(s) leads the group(s) during cleanup from point A to B
 - **Free cleanup:** no guide needed – participants get the route beforehand, clean on their own from point A to B
- **Take a fun group photo** before departure!
- Ideal group size: **10 – 25 people per route.**

#8

Returning & Sorting Trash:

- **Return** to the starting point.
- **Weigh** and **record** by type.
- Ask participants if they found **glass/metal** and **sort it separately.**
- Participants put trash in the **correct containers/bins.**
- Hand out **drink vouchers/tokens to celebrate**

#9

Celebrate!

- **Celebrate your effort** with a drink or snack, homemade food, local music band, music speaker, dance battle etc
- **Cleanup = doing good while having fun!**
- **Take a group picture with your results**

#10

Emergencies:

- In case of **medical emergency or fire:** **have a functional phone** to be able to call your country emergency services, if needed
- Always good to have a **first aid kit** available in case of cuts or other minor issues
- For **other issues, contact your cleanup lead/coordinator**

Safety Guidelines

- Always wear gloves on both hands.
- Do not touch sharp or dangerous objects.
- In case of injury, contact the cleanup coordinator immediately.
- Only lift heavy objects if it's safe and ergonomic.
- Never open bottles or jars with liquid inside.
- Wash your hands before eating or drinking.
- Do not enter the river unless the coordinator allows it.
- Never take risks to grab litter.
- Only go where you feel safe and comfortable.
- In areas with vegetation: watch for holes – test the ground with your foot or a stick.
- Follow traffic rules at all times.
- Keep children close and away from the water.

Thank you for taking action for plastic-free rivers!
Enjoy your cleanup!

P.S: Tell us how it went and share your photos or videos – we'd love to show your action to the world!
For help or info please contact: community@river-cleanup.org